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Brandi Lewis, M. Ed, LPC

Mental Health Expert

*Therapist. Speaker. Consultant.*



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Brandi Lewis,

Owner and Executive Director of Reach Counseling Solutions, PLLC

Bio



Brandi Lewis is an educator, therapist, and writer. This Florida native has a love for all things travel, food, and books. She also has a passion for helping people with managing their mental health. With over 15 years of experience as an educator and counselor, Brandi has a true talent for engaging people in way that balances their everyday lives and clinical needs. As a licensed professional and an avid learner, she actively seeks to stay current with trends in education and mental health. She continually pushes her clients to do the same.

She originally created Reach Counseling Solutions, PLLC to meet the needs of people in Charlotte, North Carolina. She has now moved to the New Orleans area to continue her work there. Her mission at Reach Counseling Solutions is to help people to find passion and purpose by using creative approaches that empower and educate.

Connect With Brandi!

Facebook: @reachcounselingsolutions

Instagram: @reachcounselingsolutions

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As Seen In…

Bustle

SheKnows

BestLifeOnline.com

AffordableColleges.com

ThriveGlobal

A Few Good Thoughts Blog

Rewire

UpJourney

Upworthy

Rocket Homes

CB Nation

A Few Good Thoughts Podcast

Fireflies Unite Podcast

A Date With Darkness Podcast

Topics of Interest

* Finding Joy, Peace, and Purpose- (JPP)
* From anxiety to breakthrough: Why mental health has to be a part of your success plan
* Youth Leadership Development
* Vision and Goal Setting
* Adulting with Confidence
* Boundaries
* Self-care

